

Green Onion and Yogurt Quesadilla

- 1 soft burrito-sized tortilla or 2 [corn tortillas](#) ^[1]
- 2 tablespoons plain yogurt
- 3 diced green onions
- 1/2 cup shredded cheese ([mozzarella](#) ^[2] or mild cheddar)
- black pepper to taste

Spread the yogurt on one side of the tortilla. Spread the green onions and cheese over the yogurt. Sprinkle pepper to taste. Fold the tortilla to make a sandwich (if using corn tortillas, just make a sandwich from the two).

Preheat a skillet. Cook the quesadilla in the skillet on each side, til golden brown.

Serves: 1

Preparation time: 15 minutes

– [Subscriptions \(1\)](#)

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[1] <http://kitchen.unseelie.org/.257>

[2] <http://kitchen.unseelie.org/.273>